

Twilight Tuberculosis Run 5K for \$5k



A 5K (3.1 miles) run on Augustana College's campus in Rock Island, Illinois.

Run proceeds directly go to the construction of a tuberculosis clinic in Uganda through the Augustana Peace & Social Justice Coalition and Experiential Learning International.

Augustana College



Registration Information

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|--------------------------|------|----------|
| Early Registration Fee: | \$15 | Student |
| | \$20 | Adult |
| 200-Meter Fun Run | \$5 | 11&under |
| Day-of Registration Cost | \$25 | all ages |

With your registration you receive:

- Twilight Tuberculosis T-shirt
- An after race reception with food, beverages and live music.
- Prizes will be raffled to race participants.
- Free admittance to the District Tuberculosis Music Fest.
- Water, safety personnel, and sports medicine assistance.
- A life-saving gift to Ugandans.

Please fill out and mail the registration form with cash or a check (made out to Experiential Learning International):

Twilight Tuberculosis Run
Box 443
639 38th Street
Rock Island, IL 61201

Pre-Registration Form

Send to Twilight Tuberculosis Run, Box 443; 639 38th Street, Rock Island, IL 61201

A Pre-Registration form is also available online at <http://www.augustana.edu/uganda> and may be emailed to asjc@augustana.edu; Checks should be made out to Experiential Learning International

Name _____ Age _____
 Address _____ City _____ State _____
 Email _____ Phone (____) _____ - _____
 Affiliation (school, employer) _____

Are you running/walking in the event? (circle one) Y/N Student: \$15 (early) Adult: \$20(early) Child: \$5
 Would you like to sponsor a runner for the event? Y/N (\$20) Total Amount Enclosed: \$ _____
 Shirt Size (Please circle): (Adult) S M L XL Did you remember to sign the waiver? (over)

Race Liability Waiver

To be signed by each event participation, or parent/guardian if under 18.

WAIVER. I know that participation in a road race is potentially hazardous. I should not enter and run or walk unless I am able and properly trained. I know that, although volunteer protection is provided, there may be trail traffic on the course route. I assume the risk of running or walking along the trail. I also assume any and all other risks associated with participation in this event, including but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity and cold temperatures, and conditions of the trail, all such risks being known and appreciated by me. I attest and verify that I am physically fit and sufficiently trained for the completion of this event. I also authorize First Aid and/or treatment to be rendered in case of any emergency. I hereby consent to and authorize the use and reproduction, in print or electronic format, by the Augustana College Twilight TB volunteers or anyone by Augustana College, of any and all photographs which have been taken on this day for any publicity purposes without compensation. I also understand, in which case the Race Directors deem the weather conditions to be unsafe for the start or continuation of the race, that the race may be postponed or canceled. Should I choose to stay on the racecourse, I do so at my own risk. All entry fees are non-refundable. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act for my behalf, waive and release Augustana College Twilight TB volunteers, management personnel and all sponsors of the event, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability might arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature (signature of parent/guardian if under 18)

Date



The Project:

In Uganda TB causes 93 deaths per 100,000 individuals each year, while it kills zero in the U.S. With a population of over 31 million individuals, this amounts to nearly 30,000 T.B. deaths a year.

Without proper facilities and drugs, nothing can be done to slow the disease's spread. As T.B. is an airborne disease it is essential to separate T.B.-affected individuals from others in a medical clinic.

The goal is to raise \$10,000 for the construction of a TB clinic and raise awareness on issues of access to adequate healthcare. All funds raised will go directly towards the construction of the TB Clinic.

The project's fundraising has been set-up through the non-profit organization Experiential Learning International (ELI) and all tax-deductible gifts will travel through ELI to its in-country coordinator.

What is Tuberculosis?

-Tuberculosis (TB) is an airborne disease that can affect the lungs of the infected person; it can also affect the brain, kidneys, or even the spine. TB is often fatal.

-With developments in medicine, TB is treatable. Unfortunately, a strain of TB called multi-drug resistant tuberculosis (MDR TB) has developed. MDR TB is resistant to isoniazid and rifampicin, two of the first-line drugs in the treatment of those affected with TB.

Event Schedule:

Friday, April 23rd 2010

5:30 p.m. T.B. Twilight Run Check-In
6:30 p.m. 5K Run Begins
6:45 p.m. Little Legs 200-meter Run

After the event, a reception with food and music will be held on the Augustana College Athletic Stadium (where the race begins). The Paul V. Olsen Track is located northwest of 38th Street and 7th Avenue in Rock Island, IL.

7:15 p.m. Free concert and reception

Saturday, April 24th 2010

T.B.A.

Runners may reunite in Rock Island's District receiving drink specials and possible live music. Individuals who did not participate in the Twilight TB Run will be able to purchase admittance.